## UPLAND UNIFIED SCHOOL DISTRICT BULLYING/HARASSMENT COMPLAINT FORM

Date Filed:	Name:
Address: Zip Code:	Home Phone #: School:
Please identify yourself as a: Student Parent/Guardian_	Employee Volunteer Other
<ul> <li>Please check the type of bullying that has occurre</li> <li>Verbal (name-calling, racial remarks, belittling, Can be done over the phone, in writing, in person, text, email)</li> </ul>	<ul> <li>ed (more than one can be checked)</li> <li>Physical (hitting, kicking, shoving, twisting limbs, spitting, or destroying personal belongings)</li> <li>Hazing (having to participate in an act of physical or emotional harm to be part of a group</li> </ul>
<ul> <li>Extortion (verbal or physical bullying for money or personal items)</li> <li>Emotional/Psychological Bullying (rejection, exclusion, ignoring, alienating or isolating to purposely cause emotional distress)</li> </ul>	<ul> <li>Cyber Bullying (using technology to harass, threaten, or target another person-text, instant message, email, Facebook, videos, Instagram, etc.)</li> </ul>
Person(s) alleged to have committed the bullying or harass	
Description of the incident: Use specific dates, times, locat if possible. Use the backside of this form if necessary.	ions, names, etc.
Name of Witness(es):	
Have you reported this to anyone else: Yes No If s	so, who?
Signature of reporting person (optional):	Date:
Note: Completion of this form will initiate an investigation of the outlined in this form. Please provide sufficient information to per will be confidential except for that which must be shared as part of built or report of builting or bergament will not affect the	rmit a meaningful investigation. All information of the investigation. Submission of a good faith or

complaint or report of bullying or harassment will not affect the complainant or reporter's future employment, grades, learning, or working environment or work assignment. By signing above, you are verifying that your statements are true and accurate to the best of your knowledge.

## Bullying means any severe or pervasive physical or verbal act of conduct, including communications made in writing or by means of an electronic act directed towards one or more pupils that has or can be reasonably predicted to have the effect of one or more of the following:

- A. Placing a reasonable pupil in fear of harm to that pupil's person or property
- *B.* Causing a reasonable pupil to experience a substantially detrimental effect on their mental health.
- *C. Causing a reasonable pupil to experience substantial interference with their academic performance.*
- D. Causing a reasonable pupil to experience substantial interference with their ability to participate in or benefit from the services, activities or privileges provided by a school.

Ed Code 234-234.5