

# **Upland Unified School District**







## breakfast daily

Whole Grain Breakfast Bread Variety

Whole Grain Cereal Variety Whole Grain Breakfast Bars Yogurt (9 g of sugar) Mozzarella String Cheese

## breakfast specials

Egg Cheese Omelet (**Monday**)
Pancakes or Waffles (**Wednesday**)
Turkey Sausage Egg Bites (**Friday**)



served daily

Local Farm-Fresh Seasonal Fruit & Veggies Local Hollandia Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk (Lunch Only)



**@UUSDFARMTOSCHOOL** 





# **Upland Unified School District**



**THURSDAY** 

FRIDAY

# served

2/27-3/3

3/6-3/10

3/13-3/17

Salad Bar at Every School Full of Local Farm-Fresh Seasonal Fruit & Veggies

Local Hollandia Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk (Lunch Only)



### Mac & Cheese

\*vegetarian Land O'Lakes Cheese & whole grain macaroni served with strawberry chex

Chicken Meatball

Sandwich

whole grain bread roll,

shredded mozzarella

cheese

**Chicken Tamale** 

wrapped in a whole

grain masa and corn

husk

## Chicken **Drumstick**

Old Town Bakery soft roll & mashed potato

## **Crispy Taquitos**

served with guacamole & fiesta salad bar



## **Build Your Own Turkey Taco** Bowl

whole grain Edibowl

## Chicken Sandwich

served on a whole grain brioche bun

## **Cheese or Turkey Pepperoni** Calzone

lightly browned whole grain dough



fiesta salad bar



served over brown rice

Chicken

## **Cheese Lasagna**

served in savory tomato basil sauce



Chicken & Rice

**Burrito** 

wrapped in a

whole grain tortilla

Old Town Bakery soft roll & potato wedges

## **Crispy Taquitos**

served with guacamole & fiesta salad bar

### Chicken Sandwich

served on a whole grain brioche bun

## **Breakfast For Lunch Parfait Bar**

selection of granola, Lucky Charms, fresh berries, and Yoplait vanilla yogurt

## Chicken Meatball Sandwich

whole grain bread roll, shredded mozzarella cheese

## Chicken & Rice Burrito

wrapped in a whole grain tortilla

## **Build Your Own** Nachos

whole grain tortilla chips & fiesta salad bar

## **Yangs Orange** Chicken

served over brown rice

## **Build Your Own** Sandwich Bar

Old Town Bakery Bread, served with SunChips

or Berry Parfait



Menu subject to change "This institution is an equal opportunity provider and employer"

